

# Support the Fight to Get Clean Water, Say NO to Fluoride!

[www.FluorideAlert.org](http://www.FluorideAlert.org)

## TAKE ACTION!

1. **KNOW** the sources of fluoride exposure
2. **BE INFORMED** of the Top Health Effects of Fluoride
  - Fluoridation is a violation of the individual's right to informed consent to medication.
  - Fluoride is not an essential nutrient.
  - Children in fluoridated countries are greatly over-exposed to fluoride.
  - The chemicals used to fluoridate water supplies are largely hazardous by-products of the fertilizer industry.
  - There is mounting evidence that swallowing fluoride causes harm.
3. **JOIN** the anti-fluoride movement in the United States and Canada by subscribing to the Fluoride Alert newsletter or Facebook page
4. **HELP** support FAN's work by giving a tax-deductible donation



**FLUORIDE ACTION  
NETWORK** GET THE REAL FACTS  
ON FLUORIDE

The Fluoride Action Network (FAN) is a non-profit organization seeking to broaden public awareness about the toxicity of fluoride compounds and the health impacts of current fluoride exposures.

Along with providing comprehensive and up-to-date information on fluoride issues to citizens, scientists, and policymakers alike, FAN vigilantly monitors government agency actions that may impact the public's exposure to fluoride.



Find FAN on the Web and Subscribe:  
<http://www.fluoridealert.org>



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